

October 2022

Michelle's Luncheon



\$5.50 per Lunch

- Purchase daily, weekly, or monthly
- Orders must be placed by 8:45am
- · Payment is required at time of order

Monday	Tuesday	Wednesday	Thursday	Friday
Pancakes ³	Spring Rolls ⁴	Hot Dog	Swedish Meatballs Over ⁶	Cheese, Pepperoni or ⁷
Bacon	Fried Rice	Baked Beans	Egg Noodles	Sausage Pizza
Yogurt Cup	Sugar Snap Peas	Cucumbers & Ranch	Dinner Roll W/Butter	Fruit & Veggies
Fruit	Fruit	Fruit	Broccoli & Fruit	Special Treat
10	11	12	13	14
Biscuit & Gravy	Chicken Tacos	BLT Sandwich	Tri Colored Pasta	Cheese, Pepperoni or
Sausage	Spanish Rice	Chicken Noodles Soup	Garden Salad w/Ranch	Sausage Pizza
Cottage Cheese	Cherry Tomato	Saltine Crackers	Hawaiian Roll	Fruit & Veggies
Fruit	Fruit	Fruit	Fruit	Special Treat
17	18	Chicken Salad ¹⁹	20	21
Waffles	BBQ Chicken	Sandwich	Mac & Cheese	Cheese, Pepperoni or
Bacon	Steamed Rice	Chips	Peas	Sausage Pizza
Go Gurt	Macaroni Salad	Mixed Veggies	Garlic Bread Sticks	Fruit & Veggies
Fruit	Fruit	Fruit	Fruit	Special Treat
24 French Toast Sticks Turkey Sausage Patty String Cheese Fruit	25 Cheese Enchiladas Refried Beans Salad & Ranch Fruit	26 Turkey & Cheese Roll Pesto Pasta Salad Pretzels Fruit	Cheese Ravioli ²⁷ French Bread w/Butter Caesar Salad Fruit	28 Cheese, Pepperoni or Sausage Pizza Fruit & Veggies Special Treat
31 Chicken Nuggets Curly Fries Potato Salad Fruit				

If desired, specify your alternate choices in each day above.

Alternate Daily Entrées: Chicken Patty or Grilled Cheese. (Amber also has PB&J)

Drink options: Water and Milk

We will also offer more fresh fruit and vegetables that are in season. Each day we are working to include more choices of fruits and vegetables for your child. If you have any questions, please just let us know.

Child's Name:

Room #:

If you have any questions please contact your school's office.